

Mental Health Resources

**All resources listed here provide confidential services*

[LifeStance Health](#) (Formerly Heart Centered Counseling)

Provides counseling services throughout Colorado, including in the Northern Colorado region. LifeStance Health accepts insurance.

970-310-3406
help@heartcenteredcounselors.com

[North Range Behavioral Health](#)

Provides a variety of mental health services including counseling, crisis support, psychiatry and group therapy. North Range accepts most insurance providers.

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Housing & Financial Support Resources

<p><u>Colorado PEAK</u> Colorado PEAK is an online resource for Coloradans to apply for various assistance programs (medical, early childhood, food, and cash support), such as Colorado Health First (Colorado Medicaid) and the Supplemental Nutritional Assistance Program (SNAP).</p>	<p>This website also has phone numbers for various support services such as health insurance or food and cash assistance</p>
<p><u>Weld Food Bank</u> The Weld Food Bank provides supplemental food for individuals experiencing hunger and food insecurity.</p>	<p>970-356-2199 1108 H Street Greeley, CO 80631</p>
<p><u>Guadalupe Community Center</u> The Guadalupe Community Center is a comprehensive shelter with complementary social services programs all available at one location. They provide shelter for both single adults and families.</p>	<p>970-353-6433 guadalupe@ccdenvver.org 1442 N. 1st Ave. Greeley, CO 80631</p>
<p><u>The Greeley Transitional House</u> The Greeley Family House provides temporary housing and support services for families who are experiencing homelessness.</p>	<p>970-352-3215 1206 10th Street Greeley, CO 80631</p>
<p><u>2-1-1 Colorado</u> 2-1-1 is a confidential and multilingual service connecting people to vital resources across the state, including housing services, food assistance, legal employment, etc. No matter where you live in Colorado, you can find information about resources in your local community.</p>	<p style="text-align: center;">Call 2-1-1</p>