

**ADDRESS:** 20553 E. Caley Dr. Centennial, CO 80016

**TELEPHONE:** Of n#\$Hn#\$Hn# University of Northern Colorado, Greeley, CO (970) 338-6101

1996 M.S. University of Oregon, Eugene, Oregon Exercise Movement

1993 B.A. University of Washington, Seattle, Washington Psychology

**PROFESSIONAL EXPERIENCE:**

<u>Years</u>	<u>Position</u>	<u>Institution</u>	<u>Responsibilities</u>
2010-present	Professor	University of Northern Colorado Greeley, Colorado	Teaching/Research/ Service
2005-2010	Associate Professor	University of Northern Colorado Greeley, Colorado	Teaching/Research/ Service
Winter 2005 Spring 2007 Winter 2008	Adjunct Professor College of Education	University of Denver, Denver, Colorado	Teach Graduate/ Undergraduate Psychosocial Dimensions of Sport & Wellness
Spring 2004	Adjunct Professor	Colorado State University Ft. Collins, Colorado	Taught Undergraduate Psychology of Sport
2001-2005	Assistant Professor	University of Northern Colorado Greeley, Colorado	Teaching/Research/ Service
1999-2001	Post-Doctoral Research Fellow	University of California Los Angeles (UCLA) and the International Center for Talent Development (ICTD) Los Angeles, California	Research/Teaching/ Lab Coordination
1998-1999	Lecturer/Instructor	University of Northern Colorado Greeley, Colorado	Teaching
1998-1999	Substitute Teacher	Weld Country District 6 Greeley, Colorado	Teaching

1996-1998	Graduate Teaching Assistant	University of Northern Colorado Greeley, Colorado	Teaching
1994-1996	Graduate Teaching Assistant	University of Oregon Eugene, Oregon	Teaching
1993-1994	Director/Teacher	WeeWACs – Washington Athletic Club Child Care Center Seattle, Washington	Teaching/ Administration

**AREA OF SPECIALIZATION:**

Social Psychology of Sport and Physical Activity  
Social Influence on Motivation, Emotion and Self-Perceptions  
Special Populations Sport and Physical Activity Participation

**RESEARCH AREAS/INTERESTS:**

Social influence on sport achievement and physical activity  
Psychosocial predictors and outcomes associated with sport achievement and physical activity  
Childhood obesity and physical activity

**PUBLICATIONS:**

**Juried:**





**Babkes, M. L.,** & Weiss, M. R. (1999). Parental influence on children's cognitive and affective responses to competitive soccer participation. *Pediatric Exercise Science, 11*, 44-62.

**Invited:**

Greenleaf, C., & **Babkes Stellino, M.** (2007). Lessons learned at the Action on Obesity Summit 2007. *Association for Applied Sport Psychology Newsletter, 22* (2), 29-30.

**Published Abstracts:**

Coleman, L., **Babkes Stellino, M.**, Brustad, R.J. (2015). An Exploration of Executive Function among Older Adult Athletes and Non-Athletes. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S107.

Pierotti, C.P., & **Babkes Stellino, M.** (2015). An Exploration of Peer Leadership and Group Dynamics in High School Spirit Teams. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S107.

**Babkes Stellino, M.**, Thornton, M., & Erwin, H. (2015). Elementary teacher autonomy support for children's recess physical activity motivation. [Abstract]. *Research Quarterly for Exercise and Sport, XX*(S1), A.

Thornton, M.L., **Babkes Stellino, M.**, Moore, E., Johnson, C., & Erwin, H. (2015). Gender inequalities in elementary recess physical activity. [Abstract]. *Research Quarterly for Exercise and Sport, 86*(S1), A.

Dauenhauer, B., **Stellino, M. B.**, & Smith, M. (2015). Service learning lessons from a before school physical activity program [Abstract]. *Research Quarterly for Exercise and Sport, 86*(S2), A5-A6.

Thornton, M. L., Moore, E., Johnson, C., Erwin, H., & **Babkes Stellino, Mes Stel.**

Sinclair, C.D., & **Babkes Stellino, M.** (2010). Psychological predictors of children's recess physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 81, 109.

Sinclair, C.D., **Babkes Stellino, M.**, & Partridge, J.A. (2008). Recess activities of the Week: Differences in free-time physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 79, 63-64.

Ward, S., **Babkes Stellino, M.**, Farnsworth, C., & Perrett, J. (2008). Youth with hearing or visual impairments attraction to physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 79, 86.

Burgess, A.G., & **Babkes Stellino, M.** (2007). Overweight-based teasing and motivation to be physically active: The important of autonomy, competence and relatedness. [Abstract]. *Journal of Sport & Exercise Psychology*, 29, 151.

Hinkle Smith, S.L., & **Babkes Stellino, M.** (2007). Cognitive dissonance in athletic hazing: The roles of commitment and athletic identity. [Abstract]. *Journal of Sport & Exercise Psychology*, 29, 169.

**Babkes Stellino, M.** & LaVoi (2006). The influence of perceived parent-created climate on competitive youth male hockey players' ethically related sport behaviors [Abstract]. *Journal of Sport & Exercise Psychology*, 28, S28.

Marlatt, H.L., **Babkes Stellino, M.**, & Brustad, R.J. (2006). The relationship between children's perception of personal autonomy in organized sport and time spent in unstructured physical activity [Abstract]. *Journal of Sport & Exercise Psychology*, 28, S28.

- Babkes Stellino, M.**, Koon (Coleman), L.M., Stoepker, P., Kuhn, A., Chavarria, M. (2017). *Exploring the Impact of Physical Activity Breaks in College Classrooms*. Presentation at the Annual Society for Physical Educators (SHAPE America) Convention, Boston, MA, USA.
- Stoepker, P., Lynch, B., Nam, Y., Krause, J., Dauenhauer, B., **Stellino, M. B.**, McMullen, J., Smith, M., Carson, R.L. (2017). *The Future of Physical Activity Leadership: Characteristics of School Professionals Seeking a Master's Degree in Physical Education and Physical Activity Leadership*. Paper presented at the National Association of Kinesiology in Higher Education (NAKHE), Orlando, Florida.
- Coleman, L., Brustad, R.J., **Stellino, M.**, Akbar, A., Lalonde, A., Marshall. (2016). *Executive Function as a Predictor of Success among Collegiate Baseball Players*. Presentation at the annual meet of the Association for Applied Sport Psychology (AASP) conference, Phoenix, AZ, USA.
- Nichols, B.A., **Stellino, M.B.**, Brustad, R.J. (2016). *Correlates of collegiate coaching efficacy*. National Coaching Conference. Seattle, WA, USA.
- Dauenhauer, B., Carson, R., Krause, J., **Stellino, M.B.**, Douglas, S., & Smith, M.A. (2015). *Development of a Master's Program Focused on CSPAP Leadership: Perspectives from the University of Northern Colorado*. Presentation at the annual SHAPE Physical Education Teacher Education and Health Education Teacher Education (PETE & HETE) Conference in Atlanta, GA, USA.
- Massey, W.V., Holliday, M., Hess, C.W., & **Stellino, M.B.** (2015). *Building community partners to evaluate the impact of organized play in low-income urban elementary schools*.

Dauenhauer, B., **Babkes Stellino, M.**, & Carson, R. (2015). Presentation in “*First Flight of the Fledgling: Advancing Comprehensive School Physical Activity Program Research*”: *Establishing a CSPAP Research Agenda within a New Master’s Program Evaluation Plan*. Half-day Workshop at the Society for Health and Physical Educators (SHAPE), Seattle, WA.

Carson, R. L., Dauenhauer, B., & **Babkes Stellino, M.** (2015). *Introducing a New Masters Program to Develop Leaders of Comprehensive School Physical Activity Programs*. Presentation at the annual Active Living Research (ALR) conference, San Diego, CA.

**Babkes Stellino, M.**, & B. Dauenhauer. (2015). *Before School Physical Activity Programming: Evidence for Policy Inclusion*. Presentation at the annual Active Living Research (ALR) conference, San Diego, CA.

Coleman, L., Davies, M., & **Babkes Stellino, M.** (2014). “*CrossFit*” *participation: Goal involvement and perceived motivational climate*. Presentation at the annual Association for Applied Sport Psychology (AASP) conference, Las Vegas, NV.

Coleman, L., Davies, M., & **Babkes Stellino, M.** (2014). 2.9(i)-9.2(v)8(e L)10.6(i)-9.21fB d









Scanlan, T.K., **Babkes, M.L.**, & Beals, K.P. (2000, October). *International Center for Talent Development*. Symposium presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Nashville, Tennessee.

Magyar, T.M., Amorose, A.J., **Babkes, M.L.**, Gano-Overway, L., Reel, J., & Zizzi, S.J. (2000, October). *Students mentoring students: The transition from graduate student to the new professional*. Workshop presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Nashville, Tennessee.

Gilbert, W. **Babkes, M.L.**, Beals, K., & Seder, D. (2000, April). *Current research at the International Center for Talent Development*

**Invited:**

- Carson, R. L., Dauenhauer, B., Krause, J. M., McMullen, J. M., **Babkes Stellino, M.**, Capps, M., Stoepker, P., Pulling Kuhn, A. C., Lee, C. W., von Klingraeff, L., & Mwandira, L. (2017, April). *UNC's contribution to the creation of healthy schools: Overview of a two-year funded project from The Colorado Health Foundation*. 2017 Faculty Poster Session, Office of Research, University of Northern Colorado, Greeley, CO.
- Babkes Stellino, M.** (2011, October). Institutional Review Board (IRB). Speaker for the Dissertation Series. Graduate Student Professional Development Program. University of Northern Colorado, Greeley, Colorado.
- Babkes Stellino, M.** (2008, September). Speaker at the Metro Denver Health & Wellness Commission's Dreaming a Lean and Green School: A symposium on Healthy Food, Fitness and Environments. Denver, Colorado.
- Babkes Stellino, M.** (2007, June). *Sport psychology for high school athletes*. Presentation for the UNC Volleyball Coaches Clinic, University of Northern Colorado, Greeley, Colorado.
- Babkes, M.L.** (2004, August). *Solving academic dilemmas*. Panel discussion for new teaching assistants, University of Northern Colorado, Office of the Graduate School, Greeley, Colorado.
- Babkes, M.L.** (2004, July). *Mental skills training for gymnasts*. Workshop conducted for Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.** (2003, October). *Sport psychology for coaches*. Pre-Convention Workshop presented at Colorado Alliance for Health, Physical Education, Recreation and Dance (CoAHPERD), Denver, Colorado.
- Babkes, M.L.** (2003, June). *How to be a positive soccer parent*. Workshop conducted for Bootlegger Soccer Club parents, Greeley, Colorado.
- Babkes, M.L.** (2003, March). *How to be a positive gymnastics parent*. Workshop conducted for Airborne Aces Gymnastics Club Parents, Greeley, Colorado.
- Babkes, M.L.** (2003, March). *Sport psychology for gymnasts*. Workshop conducted for gymnasts at Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.** (2003, February). *The role of sport psychology in training the volleyball athlete*. Symposium conducted at the annual University of Northern Colorado Volleyball Coaching Clinic, Greeley, CO.
- Babkes, M.L.,** Martin, J., Smith, A., & Reel, J. (2002, October). Keynote Panel Discussant for E. Diener's Keynote Talk – "Subjective Well-Being: The Antecedents and Benefits of Happiness". Association for the Advancement of Applied Sport Psychology (AAASP) annual conference, Tuscon, Arizona.
- Babkes, M.L.,** & Wisdom, S.A. (2002, June). *Sport psychology for parents, coaches and athletes*. Two day workshop conducted for Grandview High School Athletics, Aurora, Colorado.
- Babkes, M.L.** (2002, June). *Healthy parenting: How to positively influence your young soccer player*. Workshop conducted for Bootlegger Soccer Club, Greeley, Colorado.
- Babkes, M.L.,** Wisdom, S.A., Kulikov, N.A., & Wachsman, T. (2002, April). *Tips for parenting a successful young athlete*. Workshop conducted for Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.,** Wisdom, S.A., Kulikov, N.A., & Wachsman, T. (2002, April). *Tips for parenting a successful young athlete*. Workshop conducted for Bootleggers Soccer Club, Greeley, Colorado.
- Babkes, M.L.,** Ehrle, R., Granrud, C., Hinds, J., Luckner, J., Nelson, R., & Peterson, C. (2002, April). *Teaching in Higher Education. Using content expertise in teaching: Views from the disciplines*. Professional Workshops for

Teaching Assistants and other Graduate Students, University of Northern Colorado, Office of the Graduate School, Greeley, Colorado.

**Babkes, M.L.** (2002, March). *Psychology of injury*. Workshop conducted for UNC Athletic Trainers. University of Northern Colorado, Greeley, CO.

**Babkes, M.L.** (2001, March). *Family influence on youth talent development*. Presentation for the UCLA Social Psychology Brown Bag Seminar, Los Angeles, California.

**Babkes, M.L.** (2000, September). *The post-doctoral experience*. Presentation for the University of Northern Colorado School of Kinesiology and Physical Education, Greeley, Colorado.

**Babkes, M.L., & Winters, M.** (2000, September). *College Athletic Scholarships*. Workshop presented for the Southern California Tennis Association. Newport Beach and Los Angeles, California.

**Babkes, M.L.** (1999, April). *Good sports: Parenting your child through the sport experience*. Workshop presented for the Greeley Recreation Center. Greeley, Colorado.

**Babkes, M.L.** (1998, September). *Why parental influence is important in kinesiology and physical education*. University of Northern Colorado KPE Doctoral Colloquium Series, Greeley, Colorado.

**Babkes, M.L.** (1992, September). *Eating disorders and the stressors of combining academics and athletics in college*. Symposium conducted for the University of Washington Athletic Department. Seattle, Washington.

#### **GRANTS:**

Kirby, J., **Stellino, M. B.**, Cox, D., Chavarria, M. (2017). Competing and aging: Challenging the cultural narrative of aging and sports through video portraiture. AASP Oglesby-Snyder Grant for Equity and Cultural Diversity Grant [5,000 – under review]

**Stellino, M.B.** (2016). *Marathon Kids for Rolling Hills Elementary Tiger Miles Club*. Nike – Marathon Kids. [\$2,250 – funded].

Massey, M.V. (PI), & **Stellino, M.B.** (Co-PI) (2016). *Great Recess Framework: The development and validation of a recess observational tool*. Playworks. [\$105,661 – funded].

Coleman, L. **Stellino, M.B.** Massey, W.V. (2016). *Learn through play: The impact of a peer-leadership program on Cir*









- 2013 - Manuscript Reviewer, **Sport, Exercise and Performance Psychology**
- 2012-- Manuscript Reviewer, **Journal of Physical Activity and Health**
- 2012 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2012) conference
- 2011- Physical Activity Consultant, **HeadStartBodyStart: National Center for**
- 2012 **Physical Development and Outdoor Play**, Catholic Charities Child Development Center, Denver, Colorado; Montessori Early Learning Center, Denver, Colorado; Aurora Head Start – Lowry, Denver, Colorado
- 2011- Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- 2012 **Outdoor Play**, Play Space Proposals
- 2011- Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- 2012 **Outdoor Play**, Preferred Provider Proposals
- 2011 Abstract/Program Reviewer for Research Consortium Psychology Panel and NASPE program, **AAHPERD** (2012) National Convention and Exposition
- 2010 Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- Outdoor Play**, Play Space Proposals
- 2010 Abstract/Program Reviewer for Research Consortium Psychology Panel and NASPE program, **AAHPERD** (2011) National Convention and Exposition
- 2010 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2010) conference
- 2010 Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- Outdoor Play**, Preferred Provider Proposals
- 2009 Abstract/Program Reviewer, **AAHPERD** (2010) National Convention and Exposition Research Consortium
- 2009-- Manuscript Reviewer, **Journal of Sport Sciences**
- 2009 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2009) conference
- 2008 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2008) conference
- 2008 Abstract/Program Reviewer, **AAHPERD** (2009) National Convention and Exposition Research Consortium
- 2008-- Textbook Reviewer, **Sage Publications**
- 2007-- Advisory Board Member, **Podium Sports Journal** (<http://www.podiumsportsjournal.com>)
- 2007-- Textbook Reviewer, **Lippincott Williams & Wilkins, WoltersKluwer Health Pubcoc 0 Tw Pubcoc 0 Tw Puat-14<</MC**

- annual (2007) conference
- 2007 Abstract Reviewer, **North American Society for Sport and Physical Activity (NASPSPA)**  
annual (2006) conference
- 2006 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**  
annual (2006) conference
- 2005 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**  
annual (2005) conference
- 2003

1994- 1999    Aerobics and Fitness Association of America (**AFAA**)  
1993-1996    American Psychological Association (**APA**)

**COMMUNITY/EXTERNAL SERVICE:**

2017--        **Cherry Creek School District Wellness Committee** – Consultant and Evaluation  
2016--        **Action for Healthy Kids** – Parental Advisory Board Member  
2015--        **Tiger Miles Club (Rolling Hills Elementary School)** – Developed, Implemented and Sustained  
                  Before School Mileage Club  
2014         **SpaTimeLiving**, Expert Podcast Insul

- 2004      **Member**, Search Committee for Assistant Professor in Sport and Exercise Science: Pedagogy
- 2003-      **Committee Member**, Coaching Task Force, School of Sport and Exercise Science, University of  
Northern Colorado, Greeley, Colorado.
- 2002-2005      **Committee Member**, Curriculum Committee, School of Sport and Exercise Science,  
University of Northern Colorado, Greeley, Colorado.
- 2001-2006      **Honors Coordinator**, School of Sport and Exercise S





Janelle Beilman (M.S.) (Chair). The relationship between mothers' self-perceptions and sport-specific socialization support for their daughters. Thesis completed June 2014.

Susannah Moore (M.S.) (Chair). Body image discrepancy and social physique anxiety, a link to physical activity participation in preadolescents. Thesis completed March 2013.

Christina Ibarra (M.S.). Assessing leadership behavior in high school varsity boys basketball coaches. Completed Fall 2012.

Megan Casey (Campbell) (M.S.). (Committee Member). Relationship between motives for physical activity, self-perception and life satisfaction in incarcerated adolescent females. Thesis completed March 2009.

Katharine Mack (M.S.). (Committee Member). Comparison of a suction type transtibial prosthesis and a



Spring 2009	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2008	Motor Learning and Development	School of Sport and Exercise Science, UNC
Winter 2008	Psychosocial Dimensions of Sport	College of Higher Education, DU
Spring 2008	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2007	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2007	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2007	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2007	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2006	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2006	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2005	Social Influences on Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2005	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2005	Motor Learning and Development	School of Sport and Exercise Science, UNC
Winter 2005	Psychosocial Dimensions of Sport	College of Higher Education, DU
Spring 2005	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2005	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2004	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2004	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2004	Psychology of Sport	Depart. of Health & Exercise Science, CSU
Spring 2004	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2003	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2003	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Spring 2003	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Spring 2003	Social Influences on Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2002	Social Influences on Sport and Exercise	School of Sport and Exercise Science, UNC
Spring 2002	Psychological Analysis of Sport and Exercise	School of KPE, UNC
Spring 2002	Social Influences on Sport and Exercise	School of KPE, UNC
Fall 2001	Bio-Physical Aspects of Aging (HHS 415)	Health and Human Sciences, UNC
Fall 2001,	Psychological Analysis of Sport and Exercise	School of KPE, UNC
Fall 2001	Social Influences on Sport and Exercise	School of KPE, UNC
Spring 2001	Sport Psychology	Psychology, UCLA
Winter 2001	Honors Sport Psychology	Psychology, UCLA
Summer 2000	Research Methods for Social Psychology	Psychology, UCLA
Spring 1998	Social Influences on Sport and Exercise	School of KPE, UNC
Spring 1997	Psychological Analysis of Sport and Exercise	School of KPE, UNC
1996-1998	Neuromotor Kinesiology Labor P006 Tc -0.008(pr)1.7(i)6.9w 0.6581eur 7(i)6.9(n)12(g)12( 1997)]TJ	2(i)-5.

Spring 2005	Applications of Sport Psychology	School of Sport and Exercise Science, UNC
Fall 2004	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Summer 2004	Introduction to Research Methods	School of Sport and Exercise Science, UNC
Spring 2004	Assessment in Sport and Exercise Science	School of Sport and Exercise Science, UNC
Fall 2003	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Summer 2003	Introduction to Research Methods	School of Sport and Exercise Science, UNC
Spring 2003	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Fall 2002	Applications of Sport Psychology	School of Sport and Exercise Science, UNC
Summer 2002	Introduction to Research Methods	School of Sport and Exercise Science, UNC
Spring 2002	Concepts in Kinesiology: Motivation	Kinesiology and Physical Education, UNC
Summer 1998	Developmental Kinesiology	Kinesiology and Physical Education, UNC

**Extended Studies/Independent Study (On-line)**

Fall 2013, 2014,2015 Action Research forrEsE Psyc Td [(>s)1.[(4.002 Tc 0.001 Tw 0.(f)9.7(o)-4(r)-2.3(r)1.72 Tc 0.005 Tw 1-/

